



**JUICES** (16 OZ) Squeezed to order

<b>CITRUS</b> - orange or tangerine	3.50
<b>THE SOLO</b> - Carrot	4.00
<b>IL DUO</b> - Carrot & .....	4.50
<b>JAZZ TRIO</b> - Carrot, celery, ginger	5.00
<b>STRING QUARTET</b> - carrot, beet, apple, ginger	6.00
<b>GREEN SYMPHONY</b> - celery, cucumber, parsley & apple	7.00

**SMOOTHIES** (16 OZ) Blended with fresh fruit juice or Thai coconut milk

<b>4GET CANDIDA</b> - Coconut milk, carob powder, pecans (unsweetened)	7.00
<b>LA VIE</b> - Coconut milk, cacao powder, cashews, dates, cinnamon	7.00
<b>TROPICO</b> - OJ, strawberries, bananas, mango (unsweetened)	6.00
<b>BREATH</b> - Pineapple, cucumber juice, mint, agave nectar	6.00
<b>RAWPUCCINO</b> - Coconut milk, café cubano, almonds, agave nectar	7.00

**SOUPS**

<b>SOUP DU JOUR</b> - Freshly prepared	Cup/Bowl	3.50 – 5.50
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**SALADS**

<b>LA CASA NOSTRA</b> - Baby greens, tomatoes, cucumber, red cabbage	4.00 – 6.00
<b>BASILICA DI ROMA</b> - Tomatoes, basil, cashew nutzarella	6.00
<b>ARIGULI ARIGULA</b> - Arugula, walnuts, red peppers, beets	8.00

**DRESSINGS**

**Pass the Bottles** - Extra virgin Olive oil, balsamic vinegar  
**Jap-anise** - Carrot, ginger, soy sauce (homemade)

**ENTREES** (Served with mixed greens)

<b>Monday:</b>	<b>LASAGNA DELL'AMORE</b>	12.00
	Layers of zucchini, tomatoes, seed cheese, vegan nut pesto	
<b>Tuesday:</b>	<b>PAD THAI</b>	11.00
	Zucchini, carrot noodles with a coconut ginger sauce	
<b>Wednesday:</b>	<b>BEET RAW-VIOLI</b>	12.00
	Beet, cashews, tarragon, with a yellow pepper pine nut sauce	
<b>Thursday:</b>	<b>SHE-CAN SALAD</b>	11.00
	Sunflower seed pate' over avocado slices, over green	
<b>Friday:</b>	<b>BASTA PASTA</b>	11.00
	Spiralized zucchini with vegan <b>nut pesto</b> or <b>marinara</b> sauce	

Furthermore, please ask for our **Specials of the Day**.

**DESSERTS**

<b>RAW I-SCREAM</b> - cashew milk, agave or maple syrup, flavor of the day	4.00
<b>MOUSSE</b> - Avocado or cashew, agave, seasonal fruit, green tea or chocolate	5.00
<b>ASSORTED RAW PIES AND CAKES</b>	6.00

We use conventional, local and or organic ingredients according to availability. Our dishes are raw, to maintain live enzymes and vitamins. Our cuisine is gluten, yeast and dairy free.

**WE R WHAT U EAT**

La Vie en Raw

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